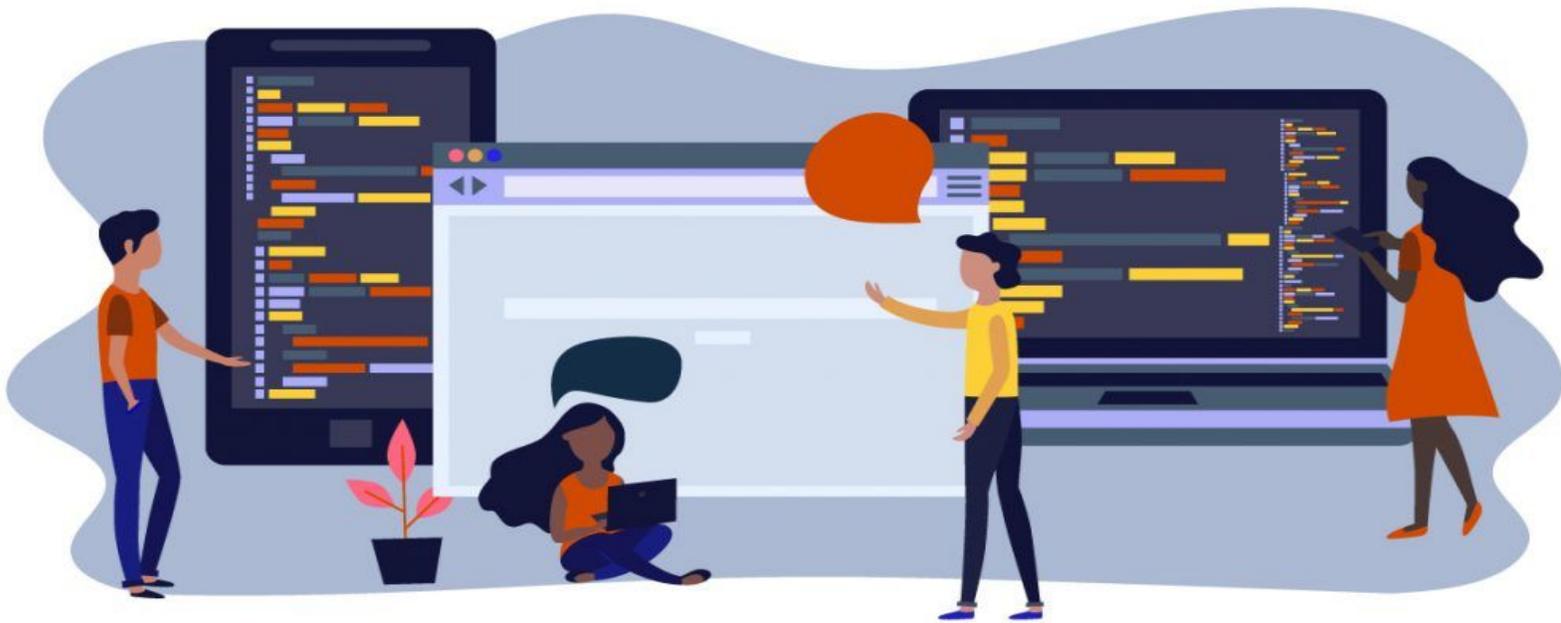




## Finding a new way of learning...



### A big hello to all of our pupils!

We hope that you are now settled into your new routine at home and have found a 'new way of learning' since the school has closed. Thank you to all of our hard working pupils that have ploughed through the work packs provided...many pupils have even requested more work...this is fantastic!

If you haven't managed to complete any work yet, please do not worry. The staff team understands that this is a difficult and worrying time for everyone-the priority is that all of our pupils and families remain healthy and well. If you find yourself worrying about school work, please don't, just do what you can manage. A bit of reading every day and learning your times tables would be a good start!

# Tutor support

Whilst the school is closed, your class tutor will be in regular contact with you to check that you are ok- use this as an opportunity to discuss how you are feeling or ask for any support or advice to aid you in completing your school work.

Alternatively, please contact Mrs Horne via email: [horne.c@thecompassacademy.co.uk](mailto:horne.c@thecompassacademy.co.uk).



# Email communication

All pupils have access to their own Google account which provides access to your school email address and an online learning platform. Moving forward, this is how the school will share work with you. Please check your emails on a regular basis as this is a really good way of keeping in touch and communicating with staff.

**If you are unsure of your username or password-please let your tutor know.**

Not everybody has access to the internet or has a computer; if this is the case, additional work can be sent to you at home.

Again, please let your tutor know so that this can be organised for you.

# Websites

Below is a list of useful websites that will help you to learn during your time away from school.  
**You should have your log in details already, if not-please ask your tutor.**

	<p>Access your emails and project based work on Google Classroom.</p> <p><a href="https://www.google.co.uk/">https://www.google.co.uk/</a></p>
	<p>Race against the clock whilst practising your times table and division facts.</p> <p><a href="https://play.trockstars.com/auth/school/student/51426">https://play.trockstars.com/auth/school/student/51426</a></p>
	<p>Daily lessons are available on a wide range of subjects. Why not learn something new?</p> <p><a href="https://www.bbc.co.uk/bitesize/levels/z4kw2hv">https://www.bbc.co.uk/bitesize/levels/z4kw2hv</a></p>
	<p>Gain access to over 4,000 online books free of charge!</p> <p><a href="https://www.getepic.com/students">https://www.getepic.com/students</a></p>
	<p>Practise basic spelling rules and words that are used in everyday language.</p> <p><a href="https://spellingframe.co.uk/">https://spellingframe.co.uk/</a></p>
	<p>Gain access to mini English and Maths based lessons to practise your basic skills.</p> <p><a href="https://www.good2learn.com/good2learn/login">https://www.good2learn.com/good2learn/login</a></p>

# Learning can be fun...

<p><b>Get active</b></p> 	<p>Try to stay as fit and active as possible by going out on a daily walk or trying one of the many online workouts available.</p> <p>Why not try <b>'PE with Joe'</b> a daily 30 minute workout Monday-Friday, 9am. You can always 'catch up' on You Tube if you get up a little late!</p> <p><a href="https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ">https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</a></p>
<p><b>Mindfulness</b></p> 	<p>Learning doesn't have to be all reading, writing and doing sums-practise mindfulness to help you to relax and take some time for yourself.</p> <p>Ideas might include: listening to music, baking, arts and crafts...maybe even having a nap!</p>
<p><b>Have fun!</b></p> 	<p>Although this is a difficult time for everyone, take this time to reconnect with those that you live with-watch a movie, play a board game or even just have a conversation.</p> <p>Life will soon return back to normal; enjoy your time at home...before we know it, we will all be back at school!</p>

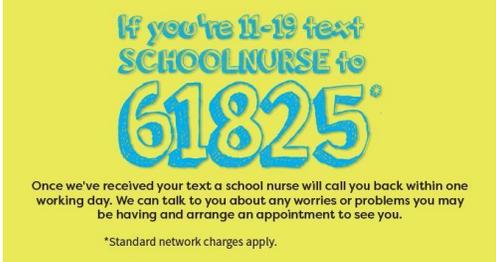
## Online Safety

Whilst working online may be fun, you must ensure that you manage your own safety-please ensure that you only communicate with family and friends that you know and if you are worried about anything, please always tell a trusted adult. Sadly, not everyone who uses the internet is who they say they are, some people may say upsetting things or ask for personal information-this can put young people at risk. Further information can be found on:

<https://www.net-aware.org.uk/>.

# Useful Services:

The following websites/contact details may provide useful support or advice for young people:

Useful Services	
<p><b>School Nursing team</b></p> <p>The school nurse service can provide advice on things like body worries, alcohol, relationships, sexual health, bullying, drugs, smoking, stress, healthy eating and self-harm.</p> <p><b>Text: 61825</b></p>	 <p>If you're 11-19 text SCHOOLNURSE to 61825</p> <p>Once we've received your text a school nurse will call you back within one working day. We can talk to you about any worries or problems you may be having and arrange an appointment to see you.</p> <p><small>*Standard network charges apply.</small></p>
<p><b>Kooth</b></p> <p>Kooth is an online counselling and emotional well-being platform for children and young people.</p> <p><a href="https://www.kooth.com/">https://www.kooth.com/</a></p>	 <p>kooth</p>
<p><b>Toot Toot</b></p> <p>An online service which allows you to report any worries or concerns that you may have, straight to staff at school.</p> <p><a href="https://tootoot.co.uk/">https://tootoot.co.uk/</a></p>	 <p>tootoot</p>

## A closing comment...

Whilst you are at home, please try and keep yourselves busy and attempt the work tasks set. If you need any extra help, your tutor is only a phone call or email away. Please take care and look after yourself...STAY IN and STAY SAFE! **Your health, safety and well being will always be our main priority.**

*The Compass Academy team x x x*